

meetings + events

COLUMBIA HOSPITALITY LAUNCHES WELLNESS PROGRAM

POSTED FEBRUARY 8, 2017

Columbia Hospitality, a hospitality management company based in Seattle, has launched Work Hard, Play Hard, a wellness program aimed to improve meetings. The program will be offered at Bell Harbor International Conference Center, Kitsap Conference Center and Talaris Conference Center.

The program is aimed to improve participants' health and happiness through customizable options. Offerings range from creative stations to interactive fitness activities. The program is a bit different for each conference center.

For more information on Work Hard, Play Hard, and the participating conference centers, head to columbiahospitality.com.